

# RMGA Recreation Options

## Horseback Riding – Glacier Basin

This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall, and offers spectacular views of the Front Range, including Long's Peak, at the top.

**Cost: \$25 per student for hour trail ride**

## High Ropes Course

High elements are 35 or so feet off the ground and consist of wire cables and platforms between trees. The participants will be on a belay system to provide protection against falling. Each element has a set problem or task and again there is no right or wrong way to achieve the end result. Being 35 feet off the ground is challenging enough for some people let alone an additional task! Participants also have the choice to get down off the high course via the zip line. Only a few participants can be up on the high elements at a time. As a result, the high elements focus on individual goal setting and achievement as well as the fun, challenging, and exhilarating experiences involved

**\*Closed toe shoes required**

**Cost: \$20 per student**

## White Water Rafting

The Poudre River (how the heck do you say it? "Poo-der") is a fast-moving river with nearly continuous Class II to IV rapids and little float water. This river has the distinction of being the only "wild and scenic" designated river in Colorado.

***NEVER BEEN RAFTING?*** Don't worry, our professional guides ensure that both the first time rafter and the experienced rafters have a great time. Non-swimmers are also welcome.

**Cost: \$50 per student**

## **\*NEW\* 750ft Zip Line**

A new 750 foot running zip line over the Wind River Valley, spanning from one steep Rocky Mountain side of the valley to the other. The zip line is located in a pristine mountain valley and is a great chance to see and learn about the natural environment and the wildlife which abounds on the YMCA property.

A "running zip line" is different from other traditional zip lines in that a participant, once harnessed in and securely connected to the cable, launches from a platform and runs in for a landing on the opposite side. Top speed is around 25 or 30 mph and maximum height achieved is around 30 feet off the ground. Once to the others side, the ground gradually comes up under your feet as gravity slows you down, finally coming to stop.

**\*closed toe shoes required**

**Cost: \$12 per student**

## **Shopping and Hiking**

There will be a shuttle each day that goes down to Estes Park so you will have the opportunity to get out and find some souvenirs.

**Cost: \$5 per student**

**(pay and sign up at the Getaway)**

We will also have buses that will take you into Rocky Mountain National Park and you will have the opportunity to hike around the Colorado Rockies!

**Cost: \$5 per student**

**(pay and sign up at the Getaway)**

## **IMPORTANT:**

- Please make all check payable to:

**STUDENT VENTURE, you will give all money and waiver forms to me at the Getaway**

- In order to reserve your spot please email or call me by May 15<sup>th</sup>:

[Michellec713@yahoo.com](mailto:Michellec713@yahoo.com)

**303-489-4881**